

#### **MARCH REFLECTION 2025**

This Lenten season let us find a quiet place to be in the spirit.

Let us let go and let God do it.

For you have been given dominion. You are the Master of your thoughts, emotions, and responses to life. Your thought is creative, because your subconscious mind responds to the nature of your thought. When you pray, you must be a very good executive; you must learn to delegate your work wisely and judiciously. God in His wisdom has given you a subconscious mind which is a wonderful servant. It obeys your command. You are the captain decreeing orders, and your subconscious mind faithfully carries out your decrees.

When you have a problem, you turn your request for a solution over to the deeper mind which is in touch with infinite intelligence and boundless wisdom. The deeper mind knows how to solve your problem and present you with the answer.

Turn your request over now with faith and confidence knowing in your heart you will have actually turned your request over or not by the way you feel inside. If you trust the inner power, you are peaceful and calm. "In quietness and confidence shall be your strength" - Isaiah 30:15

Be in the peace of the lord, *Rev. Dennis* 



### March

## Happy Birthday to the following Church Members!

David Bruno 3/3
Jean Barker3/4
John Gordon 3/5
Stacy Brites 3/8
Ralph Crouse 3/9
Patricia Perillo 3/11
Dana Silva 3/11
Dennis McGuire 3/15
James Trenske 3/19



Abigayle Trenske 3/20 Maria Rosa Arias 3/21 George Gardner 3/22 Harold Elwell 3/24 Kathryn St. George 3/24 Adrian Stephenson 3/24 Robert Mitchell 3/27 Miller Kane 3/27





Food Pantry Donations Needed

#### GWIM FOOD BANK DONATIONS

Peanut Butter & Jelly, Canned Meats, Cold Cereal, Mac & Cheese, Pasta & Pasta Sauce,

Juice, tuna, canned soups-stews-chili, canned fruits, canned vegetables, beans (canned or dried), rice pouches, etc.

Other donations will be welcomed, but these will be the main focus. The food basket will be available each week in the Narthex.





#### WISH LIST FOR SAFE HAVEN SHELTER

- Shampoo
- ♦ Body Wash
- ◆ Paper Towels
- **♦**Deodorant
- ♦ Toilet Paper
- ◆Women's socks (new)
- ♦ Women's Body lotion
- ♦ Women's Underwear (new)

- ♦ Hair Brushes/combs
- ◆Diapers (large & ex-large)
- ♦ Sanitary Napkins/Tampons
- ◆ Children's Socks (new)
- ◆ Children's Underwear(new)
- ◆ Baby lotion/baby wash
- ◆ Wash Cloths/ loofah's
- **♦** Gift Certificates

Safe Haven currently provides the following bilingual (English/Spanish) services to victims of domestic violence and sexual assault: up to 60 days of shelter for women and their children; individual and peer group counseling; 24 hour crisis hotlines for domestic violence and sexual assault; legal advocacy information and referral; community education for adults and children; and court based family violence victim advocacy.

All information obtained through counseling remains confidential. They do not subscribe to Caller I. D. Please bring all your donations for Safe Haven on the third Sunday of the month.



## NOTES FROM OUR Director of Music

With Spring in our sights there are many different activities coming up that I would encourage you to attend and bring a friend!

For the **Chancel Choir**, rehearsals will remain on Monday nights beginning at 7:30 pm, we have been busy preparing for Holy week and Easter with at least one new selection for Maundy Thursday that will include orchestral background & video. On March 23rd at 4:00 pm a couple of us will take part in a choir festival at St John's Church to benefit Greater Waterbury Interfaith Ministries.

Arts & Laughs, Wednesday's beginning at 11:00am.

**Bell Choir** rehearsals will be on Monday evenings at 6:30, with too many other things going on after worship. We've decided during the week is a much better time for the group to get together.

**The Chosen** for this month will be on March 12 & 19 gathering at 6:00 pm and begin viewing at 6:30, the viewing party is potluck style so please bring a dish to share.

**Continued** 

Friday March 14th at 6:30 pm we will have a **Movie Night** featuring the cinema classic, **The Ten Commandments** (1956). Again, potluck style bring a dish or dessert to share and popcorn will be available!

**Ash Wednesday service**, March 5th at 6:30 pm.

The Grace Gathering, Wednesdays at 2:30 pm.

**Easter Egg Hunt** will be on Saturday, April 12th 11am to 1:00 pm.

Remember, we are entering the season of Lent and with that comes sacrifice from some of our usual vices. "Lord, create in us a clean heart and renew a right spirit in us all."

Stewart Crouse
Director of Music





#### **Attention Men Members**

On Sunday, March 2, 2025 we will begin having a monthly Men's Group Breakfast and Conversation. Beginning 7:30 am for

prep and breakfast will be served at 8:30 am. Please contact Stuart Post, Gary Rosengrant or Stewart Crouse if you are interested.



Beginning March 2, 2025 – Lenten Series following Worship each week during Lent in Clinton Hall – Theme: "Where are we and where are we going?"





Ash Wednesday Service
Wednesday, March 5, 2025 - 6:30 pm Service
First Congregational Church
222 West Main Street, Waterbury
Ashes available from 9 am - 7 pm



SPRING **DAYLIGHT SAVINGS**AHEAD **TIME BEGINS!** 

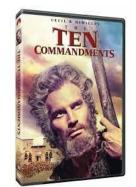
Daylight Savings Time will begin Sunday, March 9, 2025- at 2:00 a.m. Turn your clocks **AHEAD** one hour on Saturday evening March 8<sup>th</sup>.





Friday March 14th at 6:30 pm we will have a

movie night featuring the cinema classic, The



Ten Commandments (1956).

Again, potluck style bring a dish or dessert to share and popcorn will be available!



# Annual Easter Egg Hunt Saturday, April 12, 2025 11 am – 1 pm First Congregational Church 222 West Main Street, Waterbury

i iist Congregational Church 222 West Main Street, Waterbury

Rain or Shine! (games, crafts, snacks & giveaways Call 203-757-0331 for reservations!

**Church Members**: Donations of candy, plastic eggs (can be found at any dollar store) and snack items (juice, cookies, and chips) would be appreciated! Please drop off in the church office.

